

August		Coconino County Community Services Department Senior Nutrition Program 850 W. Grant, Williams, AZ 86046 928-679-7485 Congregate Meals Served Daily at 12 Noon				2016
Sun	Monday	Tuesday	Wednesday	Thursday	Friday	Sat
	1 Meatloaf, Mashed Potatoes, Gravy, Peas & Carrots, WW Roll, Fruit Cup	2 Creole Chicken w/ Peppers & Tomatoes, Collard Greens, Biscuits, Peaches	3 Albondiga Soup, Garden Salad, Tortillas, Cantaloupe	4 Baked Ham, Mashed Sweet Potatoes, Green Beans, WW Rolls, Plums	5 Tuna Fish or Egg Salad Sandwich, Baked Potato Chips, Carrot & Celery Sticks, Banana	6
7	8 Spaghetti & Meatballs, Broccoli, Romaine Salad, Garlic Bread, Apricots	9 Nachos w/ Beans, Cheese, Hamburger, Lettuce, Tomato, Salsa & Sour Cream, Jello w/ Fruit	10 Chef's Salad w/ Ham, Cheese, Boiled Eggs, Romaine & Tomatoes, WW Crackers, Oranges	11 Hamburger Or Hot Dogs, Potato Chips, Lettuce, Tomato, Onion & Pickles, Bananas & Ice Cream	12 Oven Fried Fish, Rice Pilaf, Calif. Veg. WW Roll, Fruit Cup	13
14	15 Breakfast Burrito, Hash Browns, OJ, Muffins	16 Baked Chicken, Mashed Potatoes & Gravy, Green Beans, Biscuit, Fruit Cobbler	17 Sloppy Joes, Oven Fries, Cole Slaw, WW Bun, Banana	18 Chicken Terriyaki, Oriental Vegetables, Egg Rolls, Pineapple, Almond Cookies	19 Italian Sub Sandwich, Green Salad, Oven Fries, Watermelon	20
21	22 Pizza w/ Pepperoni & Vegetables, Salad, Fruit Cup, Brownies	23 BBQ Chicken, Potato Salad, Corn, WW Roll, Cantaloupe	24 Green Chili Chicken Enchiladas, Beans, Rice, Chopped Salad, Fruit & Yogurt	25 Pasta Salad w/ Tuna, Fresh Vegetables & Cheese, Crackers, Peaches	26 Salisbury Steak, Steamed Rice, Carrot Coins, WW Roll, Apricots	27
28	29 Chili Beans, Garden Salad, Cornbread, Apple Sauce	30 Beef Stew, Garden Salad, Biscuits, Bananas,	31 Chicken Alfredo, Calif Vegetables, Spinach Salad, Garlic Bread, Fruit Salad			

Services are funded by the Older Americans Act, SSBG funds and the State of Arizona. Funding is allocated on a regional basis from the Arizona Department of Economic Security, Division of Aging and Adult Services (DAAS) to Area Agencies on Aging.

Eligibility for programs: Seniors or adults with disabilities. Additional requirements may vary by program. Client contributions are encouraged and are vital for continuation of the programs.
 Language assistance and alternate forms of communication are available upon request.

Under Titles VI and VII of the Civil Rights Act of 1964 (Title VI and VII) and the Americans with Disabilities Act of 1990 (ADA) Section 504 of the Rehabilitation Act of 1973 and the Age Discrimination Act of 1975, *Area Agency on Aging NACOG* prohibits discrimination in admissions, programs, services, activities or employment based on race, color, religion, sex, national origin, age, and disability. *Area Agency on Aging NACOG* must make a reasonable accommodation to allow a person with a disability to take part in a program, service, or activity. Auxiliary aids and services are available upon request to individuals with disabilities."